



KENT ACADEMY

Dear Kent Families & Staff,

We want to make you aware of changes to the [StrongSchoolsNC Toolkit](#). The North Carolina Department of Health and Human Services (NCDHHS) updated the toolkit on February 10, 2022 with COVID-19 isolation and quarantine guidance that is aligned to the most recent information from the Centers for Disease Control and Prevention (CDC). You will find our updated Covid policy attached, which is subject to change based on CDC guidance.

Kent Wellness Policy

We understand that this is the time of year where many students are sick from common colds and the flu. For this reason we will be implementing a very clear Wellness policy. If students are found to have 2 or more symptoms below, parents will be called to pick them up from school and students will need to remain home until symptoms have cleared. If students are out with illness for 3 or more days they will need to return with a doctor's note. The symptoms are as follows:

- Cough
- Headache
- Runny Nose/Congestion/Sneezing
- Sore Throat
- Body Chills
- Fever
- Fatigue

Additionally students need to be fever and symptom free (without fever reducing medicine) for 24 hours before returning to school. We are aware that many students have allergies or suffer from headaches, which is why we are looking at 2 or more symptoms. Please help us by keeping your students home if you notice they are ill. Kent teachers are prepared to ensure every student can continue instruction virtually if they need to be absent due to illness.

If you have further questions, please contact Kent Academy.



KENT ACADEMY COVID POLICY

Updated Policy based on Guidance:

1. Staff and students who have symptoms, regardless of vaccination status should – get tested and isolate from others while waiting for a result. Please follow the guidance below.

2. Isolation: Staff and students who:

- **Test positive and have symptoms** - should isolate yourself from others for 5 days, then wear a mask for 5 additional days. To return to school, you also must be fever free for 24 hrs (without using fever reducing medicine), and symptoms must be improving.
- **Have symptoms BUT have NOT tested** - Are presumed positive for COVID-19 and therefore should isolate yourself from others for 5 days, then wear a mask for 5 additional days. To return to school, you also must be fever free for 24 hrs (without using fever reducing medicine), and symptoms must be improving.
- **Have symptoms BUT tested negative** - can return to school after being fever free for 24 hrs (without using fever reducing medicine), and have felt well for 24 hours.
- **Have tested positive but do not have symptoms** – should isolate yourself from others for 5 days, then wear a mask for 5 additional days.
- **False positive antigen tests** can be canceled out by a negative PCR test within 48 hours. This is based on no symptoms and no known exposure to Covid-19.

3. Exposure: Staff and students who are exposed to someone with COVID-19, and

- Must mask for 10 days after known exposure. It is recommended that the individuals be tested for Covid-19 after day 5 of exposure. Please note: testing will not have any impact on the 10 day mask exposure policy.

Reminders:

- If your student has COVID-19 symptoms or tested positive, do not send them to school. Please get the child tested immediately and begin isolation.
- If you have questions about Kent's Covid Policy, please contact Ms. McKenzie, Office Administrator/Covid Educator.

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KENT ACADEMY COVID POLICY

Updated Policy based on Guidance:

Staff and students who have symptoms, regardless of vaccination status should – get tested and isolate from others while waiting for a result.

Tested Positive	Next Steps	Can return...
Staff and students who test positive, and do NOT have symptoms –	Should isolate from others at home for 5 days...	...can return to school wearing a mask for 5 more days.
Staff and students who test positive and have symptoms -	Should isolate from others at home for at least 5 days...	... can return to school wearing a mask for 5 more days once it has been 24 hours without a fever (without fever reducing medicine) AND other symptoms of COVID-19 are improving
Staff and students who have symptoms BUT have NOT tested-	Are presumed positive for COVID-19 and therefore should isolate yourself from others for 5 days, then wear a mask for 5 additional days.	... can return to school after being fever free for 24 hrs (without using fever reducing medicine), AND symptoms must be improving.

Tested Negative	Next Steps
Have symptoms BUT tested negative ...	can return to school after being fever free for 24 hrs (without using fever reducing medicine), and have felt well for 24 hours.

Exposed to Covid-19	Next Steps
Staff and students who are exposed to Covid-19MUST wear a mask for 10 days. Should get tested for Covid-19, after day 5 of exposure.